

# SEPTEMBER | 2023

## DOVER ELEMENTERY LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Pizza Crunchers OR PBJ Buttered Corn Tossed Salad Fruit Choice of Milk
4 Labor Day	5 Beef Taco Salad OR Nachos Refried Beans Buttered Corn Diced Lettuce, Tomato, Onion, Cheese Fruit Choice of Milk	6 Rotini W/ Breadstick OR Sloppy Joes Green Peas Black-Eyed Peas Fresh Carrots / Dip Fresh Fruit Choice of Milk	7 Cheeseburger OR Turkey & Cheese Sand Baked Beans Green Beans Tomato, Lettuce, Pickle, Onion Fruit Choice of Milk	8 Chicken Wings OR PBJ French Fries Celery / Dip Fresh Fruit Choice of Milk
11 Salisbury Steak OR Popcorn Chicken Dinner Roll Mashed Potatoes Glazed Carrots Fruit Choice of Milk	12 Beef Teriyaki Dippers W/ Breadstick Turkey & Cheese Wrap Fried Rice Broccoli Slaw Fruit Choice of Milk	13 Beef & Bean Tamale Pie OR Grilled Cheese Pinto Beans Grape Tomatoes / Dip Fresh Fruit Choice of Milk	14 Chicken OR Steak Biscuit Gravy, Egg Patty Hashbrown Sliced Tomato Juice Choice of Milk	15 Pizza OR PBJ French Fries Corn On Cob Veggie Nibblers Fresh Fruit Choice of Milk
18 Chicken Tenders OR Pork chop Dinner Roll Sweet Potatoes Pinto Beans Fruit Choice of Milk	19 Beef Taco Salad OR Nachos w/Refried Beans Buttered Corn Diced Lettuce, Tomato, Onion, Cheese Fruit Choice of Milk	20 Shepherd's Pie OR Chicken Sandwich Steamed Broccoli Mixed Vegetables Fresh Fruit Choice of Milk	21 Cheeseburger OR Turkey & Cheese Sandwich Baked Beans Green Beans Tomato, Lettuce, Pickle, Onion Fruit Choice of Milk	22 Hot Dogs OR PBJ French Fries Coleslaw Fresh Fruit Choice of Milk
25 Salisbury Steak OR Popcorn Chicken Dinner Roll Mashed Potatoes Turnip Greens Fruit Choice of Milk	26 Tangerine Chicken OR Beef Teriyaki Dippers Oriental Veggie Blend Asian Salad Fortune Cookie Fruit Choice of Milk	27 Cheeseburger OR Grilled Cheese Baked Beans French Fries Lettuce, Tomato, Pickle, Onion Fresh Fruit Choice of Milk	28 Sausage OR Steak Biscuit Gravy, Egg Patty Hashbrown Sliced Tomato Baked Apples Choice of Milk	29 Pizza OR PBJ Buttered Corn Tossed Salad Fresh Fruit Choice of Milk

### News

### Weekly Salads

Monday- Tuna

Tuesday –  
South Western  
Chicken

Thursday -Turkey

Friday - Chef

“This institution is an equal  
opportunity provider”